



Pre/Post Instructions for Laser Hair Removal

- No waxing, tweezing, coloring or depilatories on the treatment area during the entire course of your treatments. Shaving or clipping is permitted as often as desired.
- Use Aloe Vera and sunscreen as often as needed for 3 days after the treatment.
- Shave the treatment area the day of your treatment unless instructed otherwise. If you cannot shave, we will shave the area for you at an additional **\$35 charge**.
- Do not use on areas of Hair Removal: exfoliation products or bleaching creams 2 days before and 2-4 days after treatment or until all pinkness has subsided. The use of Retin-A or Tretinoin must be discontinued for one week before and one week after treatment.
- If you have elected to use topical anesthetic, apply it to the skin in accordance with the product instructions 1 hour before your scheduled appointment. However, the topical anesthetic must be washed off before treatment.
- Do not apply creams, lotions, or deodorant on the area to be treated the day of treatment except for on the face, which is easy to wash.
- Use SPF 30 or higher sun block during the course of the treatments.
- You may experience a slight sunburn or razor burn feeling after a treatment. Although rare, a fine crust, swelling, or blistering may develop in certain sensitive areas. In these instances, you may apply a cool compress and Aloe Vera as needed until resolved. This may last 1-3 days.
- Washing is permitted with a mild soap and tepid water. Never use hot water on freshly treated areas.
- The hairs that will die from your treatment will gradually work themselves out. Please do not pick, rub or scratch. This process can take up to 3-4 weeks.
- If you must cancel or reschedule your appointment, please contact the office at least 24 hours in advance. Otherwise, a \$35 cancellation fee will be applied, due to the high demand for treatment time.
- If you are more than 15 minutes late for your reserved appointment, it may be necessary to reschedule.

If you have any questions or concerns, please contact us at 843-971-2860 as soon as possible. We look forward to seeing you at your next appointment.

I have read and understand the above instructions. In order to obtain the best results, I must follow these instructions diligently.

Patient Signature: _____ Date: _____

Staff Signature: _____ Date: _____